



About Royal Exports

Global Excellence, Exported With Precision.

Connecting markets worldwide with top-quality products.

Trusted network for consistent supply and quality assurance.

Customized services to meet your unique needs.

Honest and transparent dealings in every transaction.

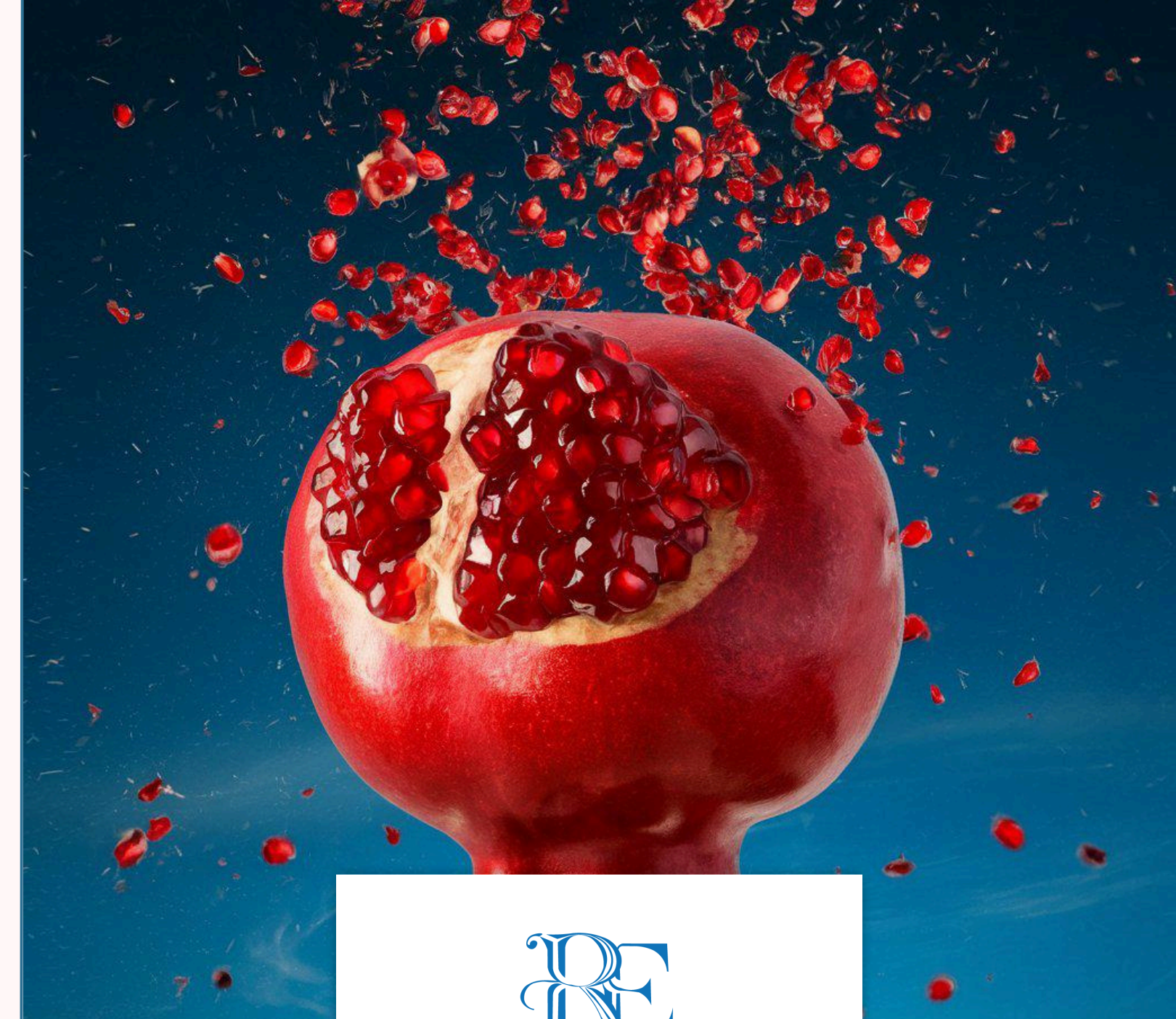
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Fresh Pomegranate

We Ship Globally

Types of Pomegrante

Bhagwa: Known for its deep red arils and sweet-tart flavor, Bhagwa is one of the most popular varieties in India.

Ganesh: This variety is characterized by its large size, vibrant red color, and juicy arils with a slightly sour taste.

Mridula: Mridula variety is famous for its soft seeds, making it easy to consume, and it has a sweet taste.

Nutritional values for 100 grams of pomegranate arils (seeds):

Calories : 83 kcal	Fat : 1.2 g
Carbohydrates : 18.7 g	Fiber : 4 g
Protein : 1.7 g	Sugar : 13.7 g

The Benefits of Fresh Pomegranates

- **Rich in Antioxidants:** Fight inflammation and free radical damage.
- **Heart Health:** Lowers blood pressure and reduces heart disease risk.
- **Digestive Support:** High in fiber for healthy digestion.
- **Immune Boost:** Packed with vitamins C and E
- **Weight Management:** Low-calorie and high-fiber.
- **Skin Health:** Reduces signs of aging.
- **Brain Boost:** Improves memory and cognitive function.
- **Anti-Inflammatory:** Eases symptoms of arthritis.

Why Choose Royal Export's Pomegranate ?

- ▶ **WE PROCURE POMEGRANATES FROM INDIA’S BEST LOCATION.**

Maharashtra: Especially in districts like Solapur, (SANGOLA) Pune, and Nashik. Maharashtra is the leading producer of pomegranates in India, known for its high-quality fruit with rich taste and vibrant color.
- ▶ **SOURCED DIRECTLY FROM LOCAL FARMERS**

"Unlike other exporters, we don't source pomegranates from the market. Instead, we avoid the risk of damage and mishandling that comes from passing through multiple hands, from farmers to local traders to market vendors.
- ▶ **PREMIUM QUALITY**

"Selecting the finest pomegranates during harvest is a crucial task. Our team ensures that only the best quality pomegranates make their way to your country."